

What Are Visual Notes?

SIMPLE WAYS TO REMEMBER MORE & CONNECT WITH OTHERS

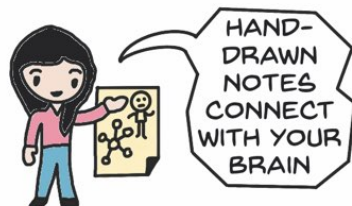


MAKING NOTES ... BIG IMPACT ON LEARNING

Relying on memory alone to learn is not effective.

Notes make a difference.

When creating notes, hand-writing is better than typing or using pictures of slides.



VISUAL NOTES

Text, drawings, and symbols arranged to improve learning. Visual notes are most effective when created by hand.

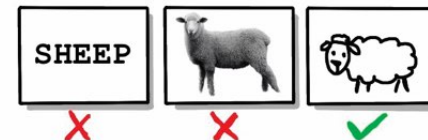
THE PROCESS

Follow these steps to learn more and remember content for longer.



DRAWING

- ★ More effective than writing words
- ★ Even a 4-second drawing helps

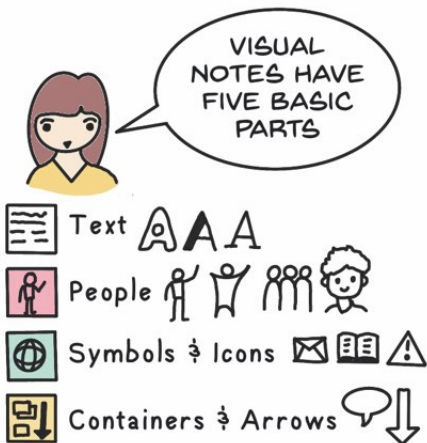


NOTES

- ★ Drawing taps into a deeper level of mental processing
- ★ Only you need to understand what you draw, so ...



ELEMENTS



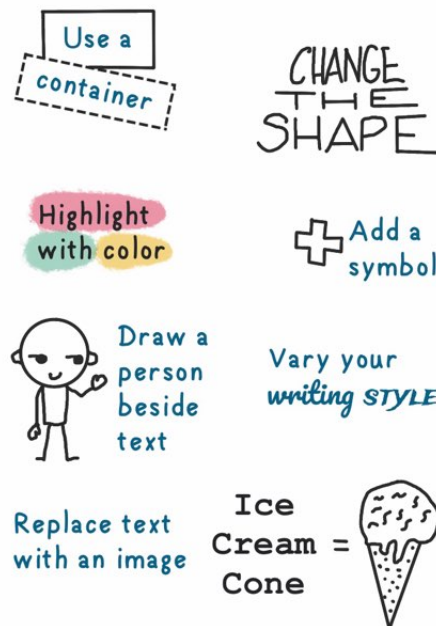
The 5th element is organization - how you arrange things.



WHAT TO LISTEN FOR



EMPHASIZE TEXT



STORYTELLING WITH VISUAL NOTES results in ...

